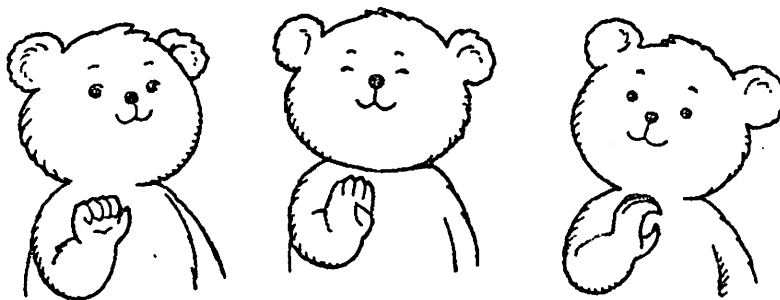


# FINGERPLAYS

- \*Fingerplays are action rhymes that use the fingers and thumb to act words.
- \*They provide relaxation and involvement for the child.
- \*Children grow physically and mentally from memorizing fingerplays.
- \*Children often pick up the actions before the words.
- \*They are a great opportunity for children to get the wiggles out.
- \*They are more effective if the teacher has them memorized.
- \*Start with simple fingerplays and work up.



**TEN LITTLE FINGERS**



I have ten little fingers.  
And they all belong to me.  
I can make them do things.  
Would you like to see?



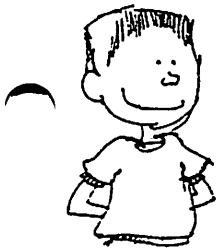
I can shut them up tight



Or open them wide.



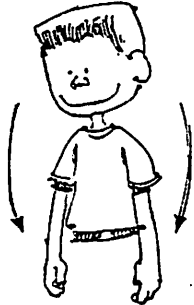
I can put them together



Or make them all hide.



I can make them jump high

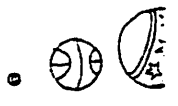


Or make them go low.



I can fold them up quietly  
And sit just so.

**GREAT BIG BALL**



A great big ball.



A middle-sized ball.



A little ball I see.



Let's count them all together—  
One,



Two.



Three!

**GRANDMA'S SPECTACLES**



Here are Grandma's spectacles.



And here is Grandma's hat:



And here's the way she folds her hands  
And puts them in her lap.

ON MY HEAD



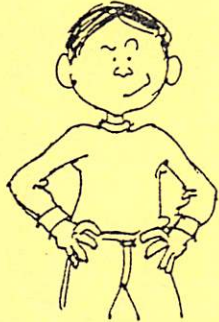
On my head my hands I place.



On my shoulders.



On my face.



On my hips.



And at my side.



Then behind me they will hide.



I will hold them up so high,  
Quickly make my fingers fly.



Hold them out in front of me.



Swiftly clap them—  
One, two, three.

TEN IN THE BED



There were ten in the bed.



And the little one said,  
"Roll over! Roll over!"



So they all rolled over,  
And one fell out.



There were nine in the bed,  
(and so on)



There were eight in the bed. . . .



There were seven in the bed. . . .



There were six in the bed. . . .



There were five in the bed. . . .



There were four in the bed. . . .



There were three in the bed. . . .



There were two in the bed. . . .



There was one in the bed,  
And the little one said,  
"Good night!"



**UP TO THE CEILING**



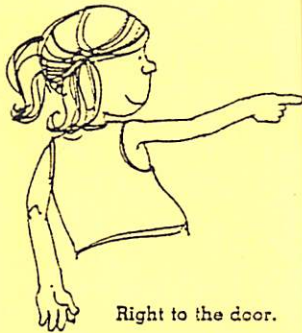
Up to the ceiling.



Down to the floor.



Left to the window.



Right to the door.



This is my right hand—  
Raise it up high.



This is my left hand—  
Reach for the sky.



Right hand, left hand.  
Twirl them around.



Left hand, right hand.  
Pound, pound, pound.

**OPEN, SHUT THEM**



Open.  
Shut them.



Open.  
Shut them.



Give a little clap.



Open.  
Shut them.



Open.  
Shut them.



Place them in your lap.



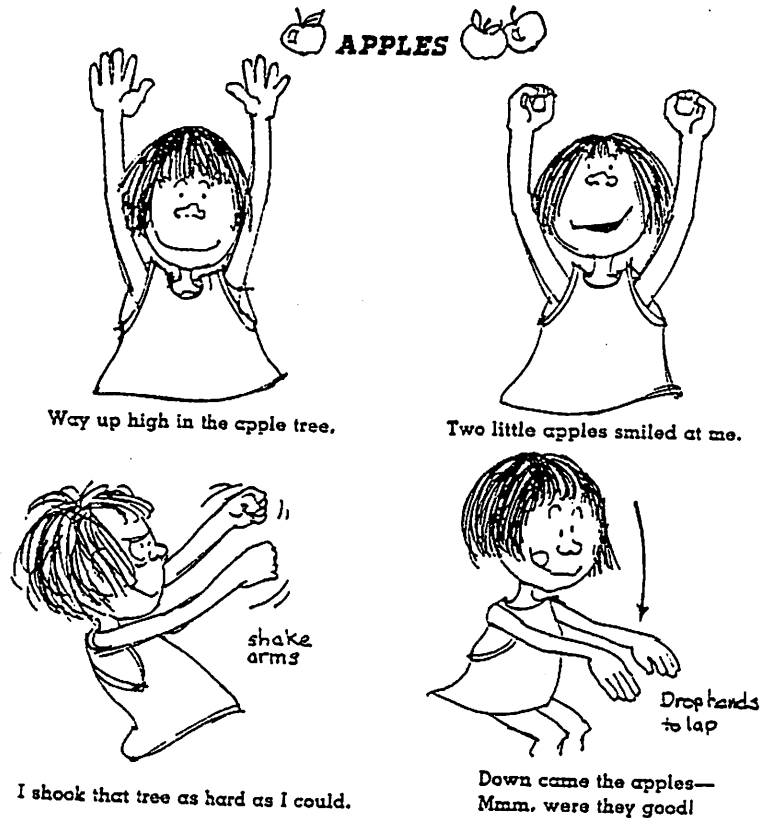
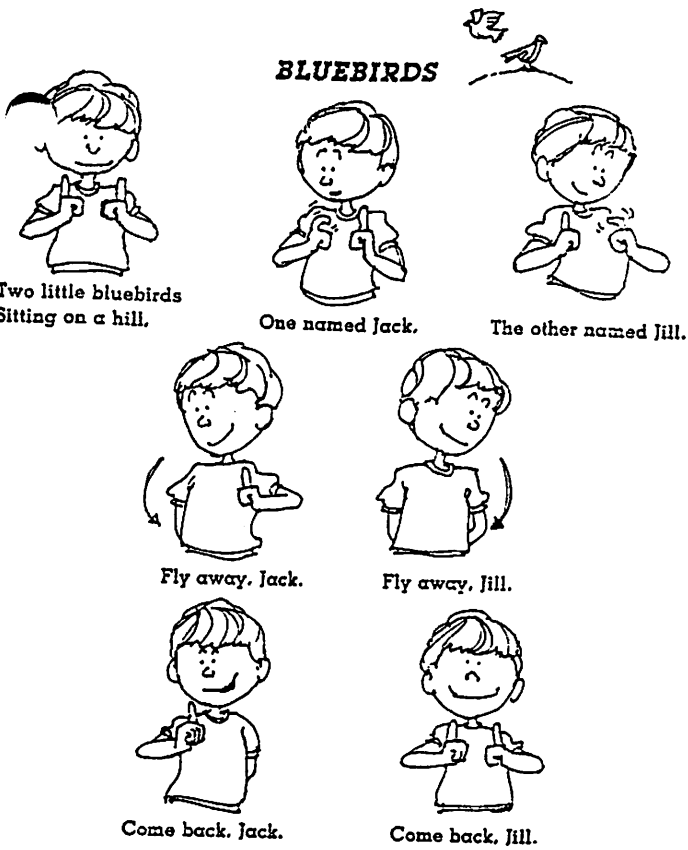
Creep them, creep them.  
Creep them, creep them



Right up to your chin.  
Open wide your little mouth.



But do not let them in.



### Miss Polly

Miss Polly had a dolly who was sick, sick, sick.  
 So she called for the doctor to come quick,  
 quick, quick!  
 The doctor came with his bag and his hat.  
 And he knocked on the door with a rap, tap,  
 tap.  
 He looked at the dolly and he shook his head.  
 And he said, Miss Polly put her straight to bed.  
 He wrote on a paper for a pill, pill, pill.  
 He'll be back in the morning with the bill, bill,  
 bill.

### I Walk on My Tiptoes

I walk on my tiptoes,  
 I stomp, stomp, stomp.  
 I wiggle my feet and my toes.  
 I bend my knees  
 And I turn around,  
 Then what do you suppose?  
 I wiggle my nose!



## WHERE IS THUMBKIN?



Where is Thumbkin?  
Where is Thumbkin?



Here I am!



Here I am!



How are you today, sir?



Very well, I thank you.



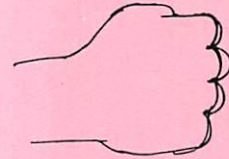
Run away.



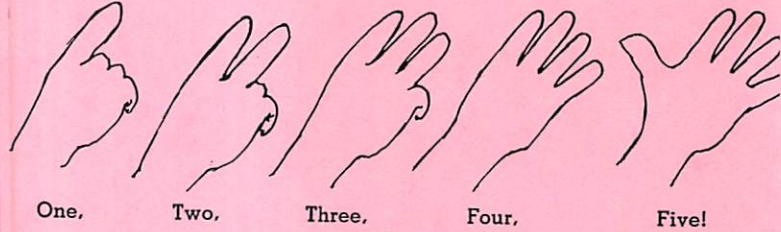
Run away.

(Repeat with all the fingers: Pointer, Tall Man, Ring Man, and Pinkie.)

## THE BEEHIVE



Here is the beehive.  
Where are the bees?  
Hidden away where nobody sees.  
Watch as they come out of their hive—



One.

Two.

Three.

Four.

Five!



They're alive!  
BZZZZ!

## HERE'S A CUP



Here's a cup.



And here's a cup.



And here's a pot of tea



Pour a cup.



And pour a cup.



And have a drink with me

## HERE IS THE CHURCH



Here is the church.



Here is the steeple.



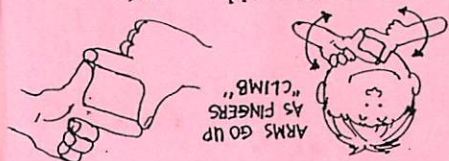
Open the doors



And see all the people.

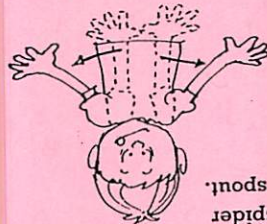


**THE EENTSY, WEENTSY SPIDER**



ARMS GO UP  
"CLIMB"  
AS FINGERS

The eentisy, weentisy spider  
Climbed up the waterspout.



And washed the spider out.



Down came the rain



Out came the sun

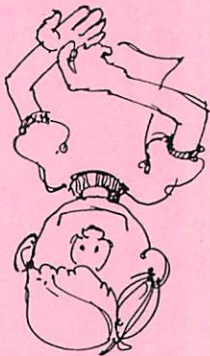


And dried up all the rain.

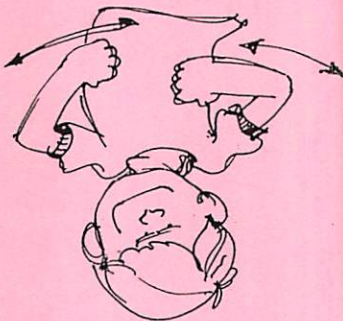
And the eentisy, weentisy spider  
Climbed up the spout again.



**THE PEANUT SONG**



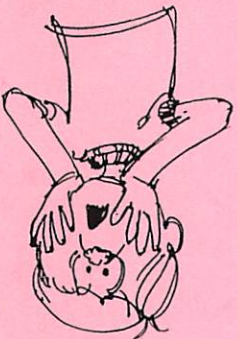
Oh, a peanut sat  
On a railroad track.



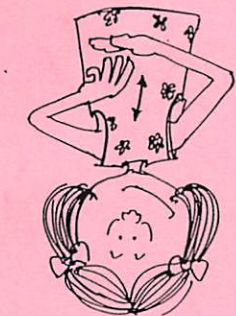
Along came the five-fifteen.



His heart was all a-flutter.



Uh-oh, peanut butter!



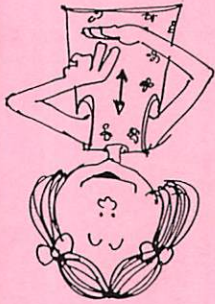
Three little monkeys . . .

(and so on)



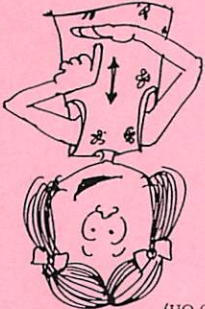
Four little monkeys . . .

(and so on)



Two little monkeys . . .

(and so on)



One little monkey

Jumping on the bed.

He fell off

And bumped his head.

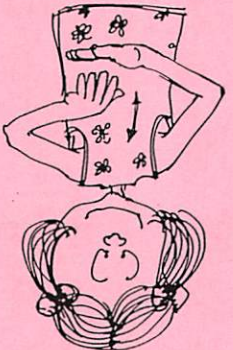
Mama called the doctor.

And the doctor said,

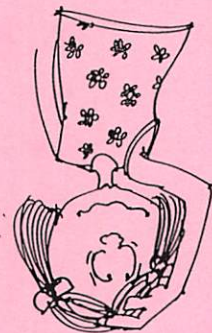
"No more monkeys  
Jumping on the bed!"

Mama called the doctor.

Five little monkeys  
Jumping on the bed.

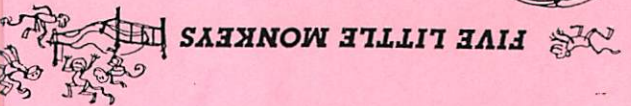


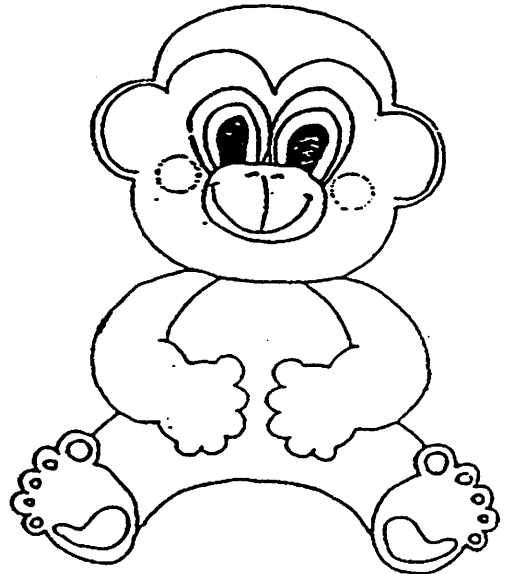
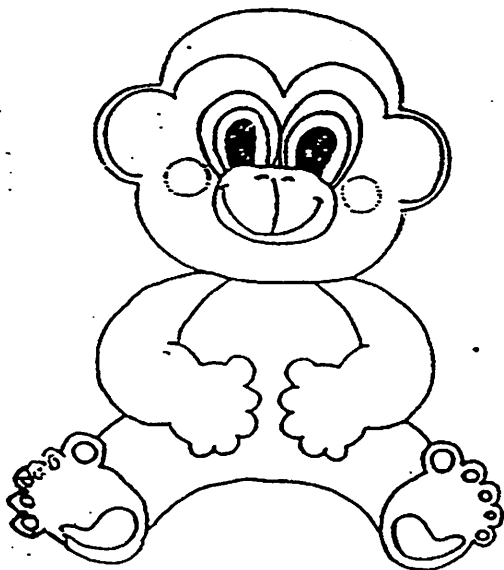
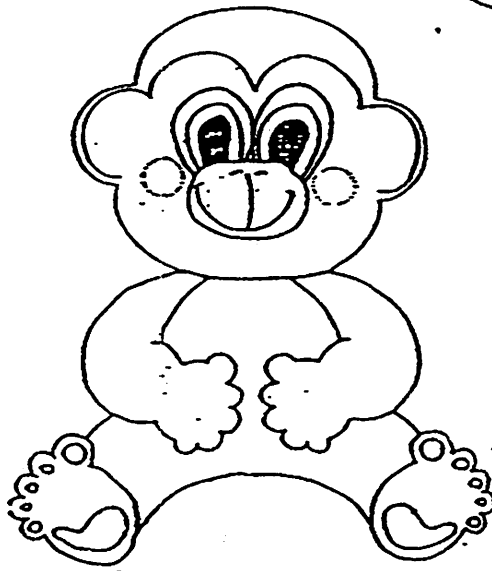
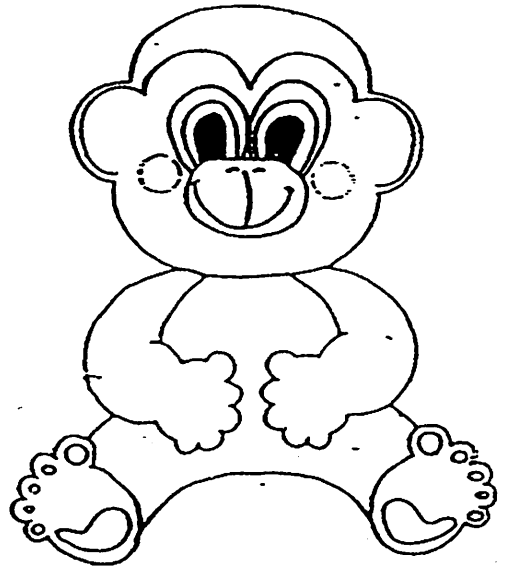
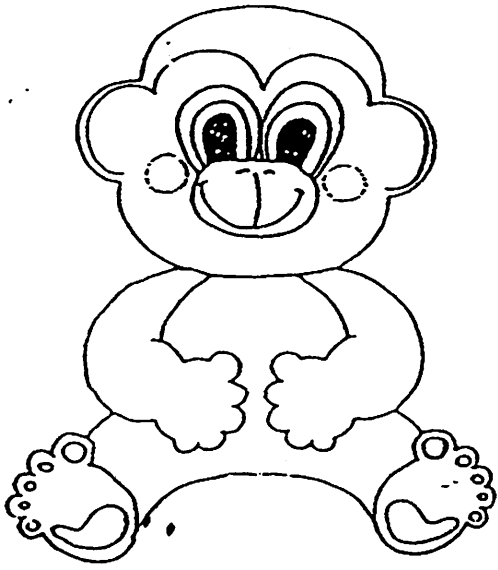
One fell off  
And bumped his head.



"That's what you get  
For jumping on the bed!"

shake  
finger







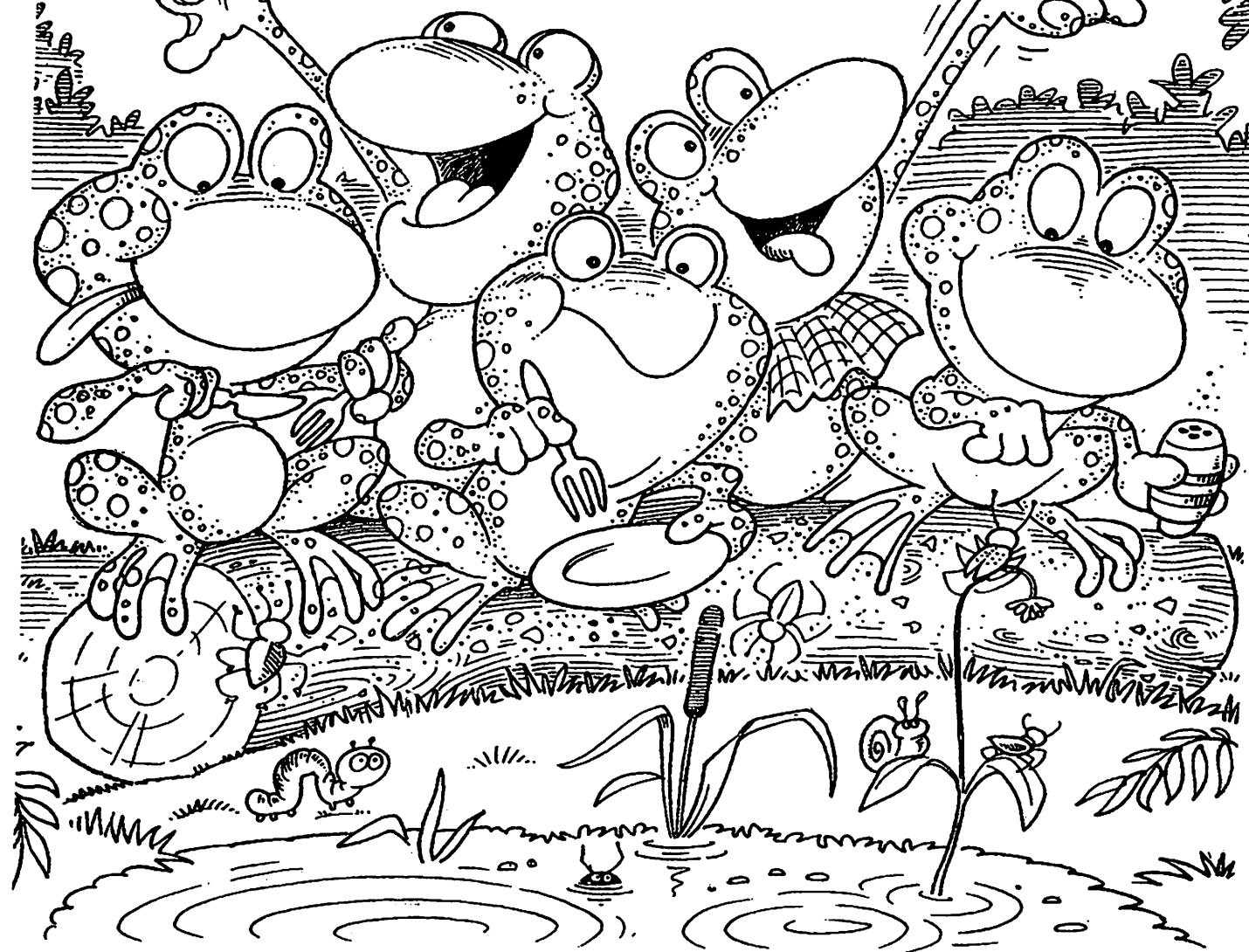


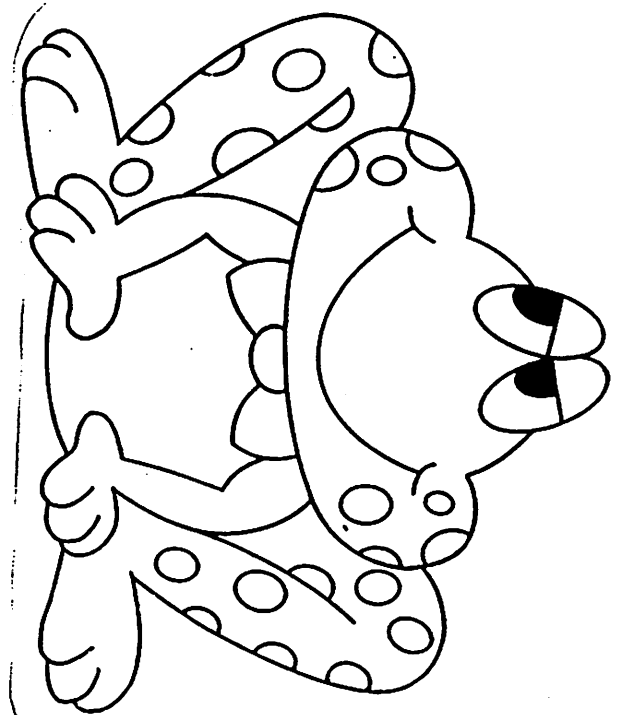
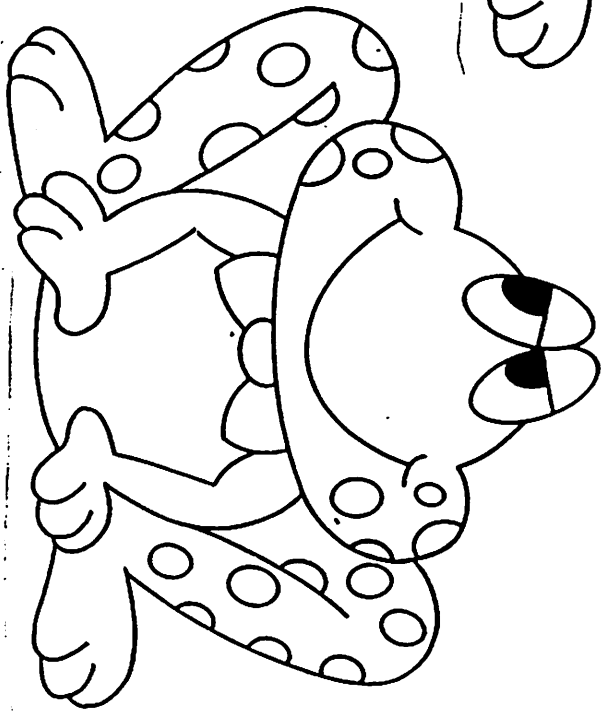
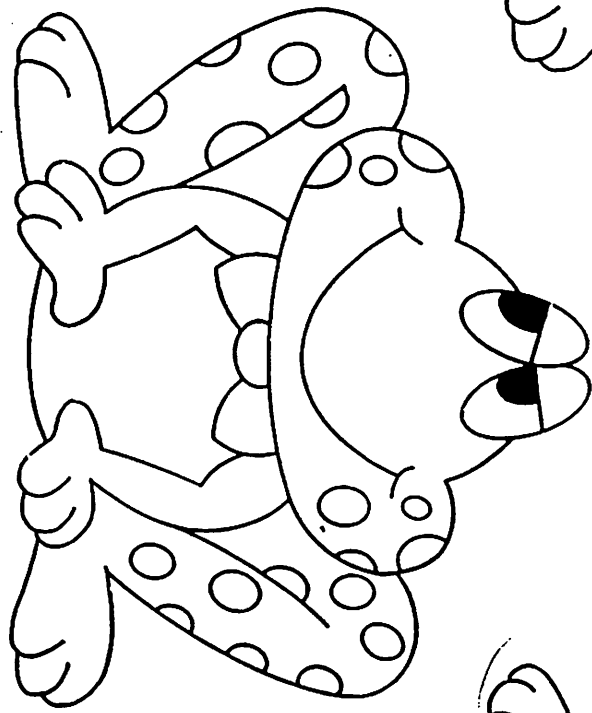
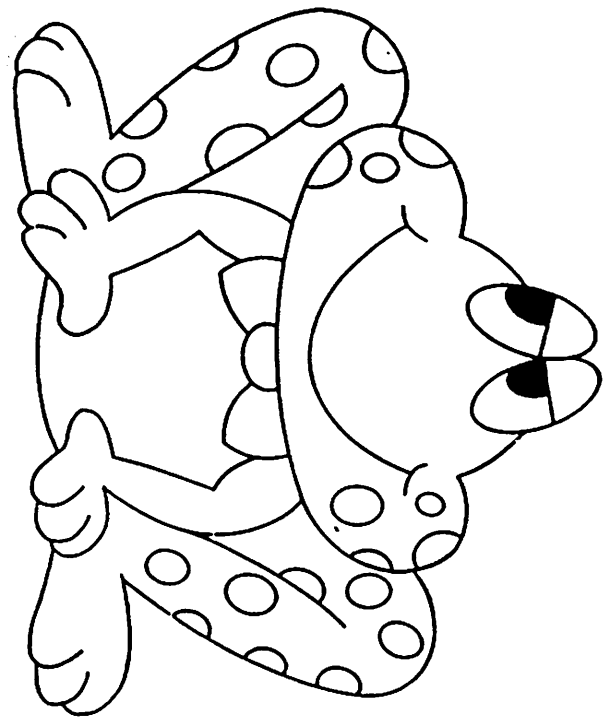
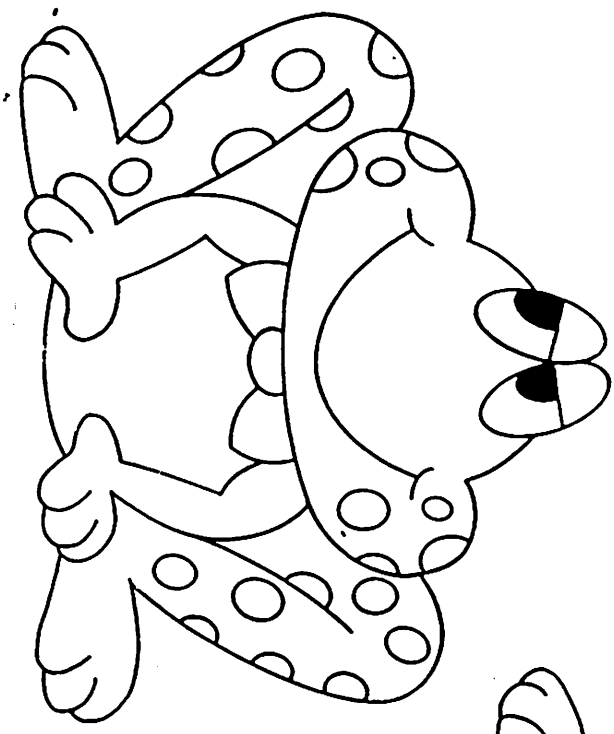
## Five Little Speckled Frogs

Five little speckled frogs  
Sitting on a speckled log  
Eating the most delicious bugs.

Yum, Yum!

One jumped into the pool.  
Where it was nice and cool.  
Now there are four little speckled frogs.  
Glub, glub!







## Bear Hunt "repeat after me" song

(children repeat each line)

*(Thanks to Liz R. from Oregon for sending this in!)*

**REPEAT EACH PHRASE... slap thighs throughout.**

Goin on a bear hunt (repeat)

I'm not afraid (repeat)

Got a real good friend (children hug each other during this part...repeat)

By my side (repeat)

Oh, Oh (repeat)

What do I see? (repeat)

Oh look! It's some tall grass! (repeat)

Can't go over it (repeat)

Can't go under it (repeat)

Can't go around it (repeat)

Can't go under it (repeat)

Can't go through it (repeat)

Got to swim across it. (Repeat and pretend to swim.)

Goin on a bear hunt (repeat)

I'm not afraid ( repeat)

Got a real good friend (repeat with hugs)

By my side.(repeat)

Oh, Oh! (repeat)

What do I see? (repeat)

Oh look! A deep, dark cave. (repeat)

Can't go over it (repeat)

Can't go under it (repeat)

Can't go through it (repeat)

Got to go in it. (repeat, close eyes as you pretend to enter the cave)

Oh,oh! It's dark in here. (repeat)

I feel something (repeat)

It has lots of hair! (repeat)

It has sharp teeth! (repeat)

It's a bear!! (children love to scream this part)

(At this point, increase the speed of

your thigh slapping and swim back through the river, back up and down the tree,

back through the tall grass, till you get safely home and lock the door.)

I'm not afraid! (Repeat)

Teddy Bear

Submitted by Liz

Teddy bear, teddy bear, turn around  
Teddy bear, teddy bear, touch the ground  
Teddy bear, teddy bear, reach up high  
Teddy bear, teddy bear, touch the sky  
Teddy bear, teddy bear, bend down low  
Teddy bear, teddy bear, touch your toes  
Teddy bear, teddy bear, go upstairs  
Teddy bear, teddy bear, say your prayers  
Teddy bear, teddy bear, turn out the light  
Teddy bear, teddy bear, say goodnight